



Hull Hockey

Pre-Christmas Girls Holiday Skating & Shooting Camp

Six years ago, Hull Hockey launched our Holiday Camps, and they've grown into one of the most anticipated traditions in our hockey community.

There's something special about this time of year. With the excitement of the holidays in the air and the season reaching its midpoint, it's the perfect opportunity for young players to recharge, refocus, and reignite their passion for the game. After months of practices and games, this camp offers a fresh environment, new energy, and an unforgettable experience.

Our Holiday Camps are known for their incredible atmosphere. The excitement is contagious, the pace is high, and the smiles are everywhere. It's no surprise that these have become some of the most energetic and memorable camps we offer all year.

For many families, attending our Holiday Camp has become an annual tradition. From the moment you walk through the doors, you'll feel the excitement, positivity, and sense of community that make these camps so special.

Come experience it for yourself. We can't wait to see you on the ice!

Powerskating & Edge Work

Edges are the substructure to everything your player does on the ice. Whether it's mastering the basics or pushing players into uncomfortable territory, the progressive nature of this camp is highly effective in not only maximizing repetitions, but also introducing new and challenging drills to the skaters through familiarity. This immensely helps expand players' mind-muscle connection and muscle memory. Every single drill has a purpose.

Functional Skating & Overspeed

One of the most overlooked aspects of skating development is upper-body mechanics and overall body control. Efficient skating isn't just about what your feet are doing, it's about how the entire body works together. When the upper and lower body move in harmony, players generate more power, improve balance, and become significantly more efficient on the ice.

Throughout the camp, our coaches provide immediate, consistent feedback on both upper- and lower-body positioning. These small adjustments often create instant improvements in stride efficiency, stability, and overall skating performance. Your player will feel the difference right away, and you'll see it too.

Different Releases

In this camp, players work on both front-foot and back-foot releases. From shooting in stride to changing the angle, skaters will learn how to generate offense from various shot selections. At the same time, they'll develop stronger puck-handling abilities, becoming more confident and efficient with the puck on their stick. The real value of this camp comes from its dual focus, body control and puck control, helping players combine balance, coordination, and skill to elevate their overall game.

Isolating Components

As skaters, it's essential that the upper and lower body work in perfect sync, especially when it comes to releasing the puck. In this camp, we break down and isolate the key components of each shot, targeting specific movements to strengthen mechanics and improve overall shot quality. Players will quickly realize this is no easy task, but the challenge is what makes the training so effective. By focusing on the details, skaters develop better technique, precision, and consistency in their shooting.

Embrace The Challenge!

Let's be honest...this camp is a challenge! Six hours of dedicated skating & shooting over two days may not sound like much, but when every minute is high-tempo, detail-oriented, and packed with quality instruction, it's an incredible workout.

We set high expectations and push our players to be their best, creating an environment where hard work and improvement go hand in hand. By the end of camp, players leave feeling stronger, more confident, and incredibly accomplished, just in time to head home and celebrate the holidays with well-earned smiles (and maybe a few presents under the tree!).