

# LEARN HOW TO HIT AND TO TAKE A HIT... THE RIGHT WAY.



FOR 2012 & 2011 BIRTH YEARS

## A SKILL JUST LIKE EVERYTHING ELSE

IS YOUR SKATER A 2012 MOVING TO 14U? BODY CHECKING CAN BE INTIMIDATING, ESPECIALLY WHEN THEY HAVE NEVER BEEN TAUGHT.

IS YOUR SKATER A 2011 LOOKING TO BECOME TOUGHER TO PLAY AGAINST? LOOK NO FURTHER, THIS IS THE CAMP FOR EITHER BIRTH YEAR LOOKING TO IMPROVE ON THIS CRUCIAL SKILL.

## LEARN HOW TO USE YOUR BODY THE RIGHT WAY

LEARN HOW TO HIT AND HOW TO TAKE A HIT...THE RIGHT WAY! OUR TOP PRIORITY IS YOUR SKATER'S SAFETY. AS WITH ALL OF OUR CAMPS, WE TEACH AND GUIDE THE PLAYERS THROUGH A VERY EFFECTIVE PROGRESSION. WE TEACH WITH A PURPOSE.

FIND OUT WHY WE ARE DIFFERENT!

SAFETY IS OUR TOP PRIORITY. WE STRIVE TO PROVIDE A SUPER FUN, ENERGETIC AND SAFE ATMOSPHERE AS WE ROLL THROUGH OUR EFFECTIVE PROGRESSION STARTING WITH THE ABSOLUTE BODY CHECKING BASICS AND SLOWLY WORKING OUR WAY INTO MORE ADVANCED BODY CHECKING DRILLS.

FOR MORE INFORMATION, PLEASE HEAD TO [WWW.HULL-HOCKEY.COM](http://WWW.HULL-HOCKEY.COM)