



SPRING HIGH INTENSITY DEVELOPMENT PROGRAM SCHEDULE



DATE	TIME	RINK	AGE LEVEL
Saturday, April 6th	12:30 - 1:30pm	Foothills Ice Arena	Powerskating & Edge Work
	1:45 - 2:45pm	Foothills Ice Arena	Dynamic Skills
Sunday, April 7th	12:00 - 1:00am	Foothills Ice Arena	Powerskating & Edge Work
	1:15 - 2:15pm	Foothills Ice Arena	Dynamic Skills
Saturday, April 27th	12:45 - 1:45pm	The Ice Ranch	Powerskating & Edge Work
	2:00 - 3:00pm	The Ice Ranch	Dynamic Skills
Sunday, April 28th	12:00 - 1:00am	Foothills Ice Arena	Powerskating & Edge Work
	1:15 - 2:15pm	Foothills Ice Arena	Dynamic Skills
Saturday, May 4th	12:30 - 1:30pm	Foothills Ice Arena	Powerskating & Edge Work
	1:45 - 2:45pm	Foothills Ice Arena	Dynamic Skills
Sunday, May 5th	12:00 - 1:00am	Foothills Ice Arena	Powerskating & Edge Work
	1:15 - 2:15pm	Foothills Ice Arena	Dynamic Skills
Saturday, May 11th	12:30 - 1:30pm	Foothills Ice Arena	Powerskating & Edge Work
	1:45 - 2:45pm	Foothills Ice Arena	Dynamic Skills
Sunday, May 12th	12:00 - 1:00am	Foothills Ice Arena	Powerskating & Edge Work
	1:15 - 2:15pm	Foothills Ice Arena	Dynamic Skills
Sunday, May 19th	12:00 - 1:00am	Foothills Ice Arena	Powerskating & Edge Work
	1:15 - 2:15pm	Foothills Ice Arena	Dynamic Skills